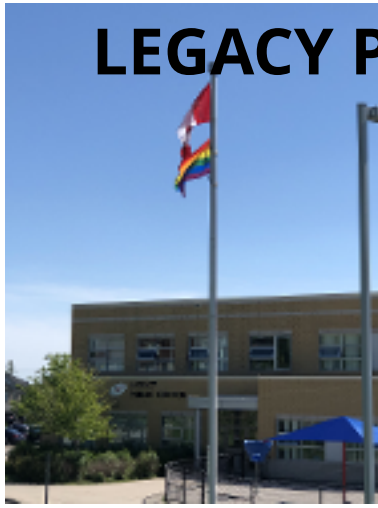


LEGACY PUBLIC SCHOOL E-BULLETIN



DATE: December 13th, 2019

School Council Email: legacy.ps@sc.yrdsb.ca

Principal: Shelley Jones

School Email: legacy.ps@yrdsb.ca

Vice Principal: Leeanne Hoover-Joy

Phone: 905-472-4764

MY LIFE ONLINE

Dave and Blake from My Life Online taught students to think before they post and ask themselves ...Is it True? Is it Kind? Is it You?



It is getting quite **COLD** outside!

We need to remind parents and guardians to ensure children have proper clothing for the cold weather.

This past week there were many students without hats, mitts and even coats outside. Students will be outside at recess every day unless the temperature reaches -20 degrees (with a wind chill). We monitor the weather every day and through-out the day when necessary.

LOST AND FOUND

If you are missing any items from home and are in and out of the school, please check our lost and found table. Items will be out from

Dec 16th-20th



UPCOMING KEY DATES

Dec 20th-Holiday Spirit day

Dec 22nd-30th-Chanukah

Dec 25th-Christmas (Western)

Dec 26th Jan 1st-Kwanzaa

Dec 21st-Jan 5th-Holiday Break

Jan 1st-Happy New Year 2020

Jan 7th-Christmas (Eastern)

Please check our Calendar at:

<http://bit.ly/2DdPcaJ>



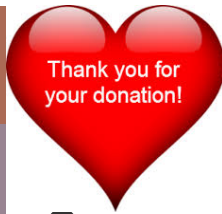
SPIRIT DAY

Don't forget that Friday, December 20th is Holiday Spirit Day. Wear anything that promotes the holiday season!



Getting to School on time

We still are having many students arrive late for school. Students are expected to arrive at school at 8:45 am and be in their classes for 9:00 am. We have begun to play "Hurry Up" music in the mornings to help students move more quickly to classes before O Canada.



Holiday Heroes--THANK-YOU



Once again, this year, our Legacy community showed their overwhelming generosity with their thoughtful donations for the Markham York Regional Police Holiday Hero Charity Drive. There were so many items that will help support families in York Region.



Thank-you to our School Council Charity Committee and student Me to We group who helped organize this for the community.

WHAT IS GOING ON IN THE SCHOOL?

Me to We Club (Grade 7-8)
School Council (Grade 6-8)
Office Helpers
Class Economy (Gr 8)
Announcement Teams
Walk to School -Active School Travel
Equity Committee

Lunch Buddies (Gr 5 and 6)
Peer Mediators (Gr 5-8)
Intramural Basketball (Gr 4-8)
Legacy Talent Club (Gr 4-8)
Int Boys and Girls Volleyball
Eco Club
Play Leaders

DECEMBER 2019 ACTIVE SCHOOL TRAVEL NEWSLETTER

Brrrrrr its cold outside! For December, we have some tips to get outside and still have fun in the cold, including while you're walking or wheeling to school or the bus stop.

- Being dressed for the weather is the first step to enjoying the outdoors. Here are a few suggestions on how to stay warm:
 - Wear a base layer.
 - Wear an insulating layer (wool socks, shirt and pants but not jeans or cotton).
 - Wear an outer shell (windproof jacket with a hood and snow pants with elastic or velcro fastening at the cuff).
 - Wear insulated waterproof snow boots.
 - Have a hat that covers the ears (and a spare!).
 - Add a neck warmer.
 - Finish with waterproof mittens.
- Keep moving!
- Eat healthy snacks to keep your body going.
- Drink water! Even though it's cold, the air is dry and your body can become dehydrated.

It's winter, it's cold, and my children can't be outside, my children will get sick!

Many families believe walking to school in the winter and playing outside in the cold weather months leads to children getting sick. In fact according to many health and children's play experts viruses that cause colds and the flu are spread indoors. The indoor circulation of germs and bacteria is much more harmful to your children than being outside. Being outside more often allows children to develop a stronger immune system and a resistance to allergies. **It's snowy....**walking to school and playing outside in the winter gives children the opportunity to develop and strengthen their overall muscular system. Walking in the snow encourages balancing and using new muscles that are often not used.

So let's bundle up, get outside and be active! Active School Travel is simple way to do so and can be easily added into your daily routine!

- Walk and/or wheel to school or to the bus stop.
- Park and walk a block to school.
- If Active School Travel every day is a challenge, choose two or three days a week to try and make a change.

The Active School Travel Team wishes you a wonderful Winter Break. **Stay Active, Stay Safe and Have Fun!**